



VIVEK HIGH SCHOOL

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MOHALI



Senior Wing - Newsletter

April-May 2026, Volume-I

Within Campus



CLASS X STUDENTS SCRIPT A STORY OF SUCCESS

A tree falls the way it leans.

My teachers were amiable and endlessly helpful, and because they leaned toward me with compassion and high standards, I learned to lean toward excellence in return. Their encouragement and faith in me became the direction I naturally grew. So I do not stand here proud simply because I am valedictorian. I stand here gratified because I made a promise to honour their belief in me-and I kept it. A kept promise, not a title, is where real fulfillment lies. For leaning toward me when it mattered most, I remain sincerely and respectfully grateful.

Manvita Kaur Mahal, X-C, (98.8%)

THE KEY TO MY SUCCESS

I followed a consistent study routine throughout the year and made sure to revise my concepts regularly. Instead of memorising, I focused on understanding each topic clearly and practicing a variety of questions. I also managed my time well during both preparation and examinations. Staying disciplined and maintaining a positive mindset helped me perform to the best of my ability. Overall, regular practice and clarity of concepts played a key role in my success.

Aarya Abhishek Sharma, X-A, (98.4%)

SCOREBOARD OF SUCCESS-2025-26

Overall Performance Summary

Students scoring
95%
and above: 14

Students scoring
90%
and above: 28

Subjects with Perfect Scores (100)

English

Hindi

Punjabi

Maths

Science

Perfect Score Statistics

Students who
scored at least
one 100: 5

Total number of
perfect 100s
scored across all
subjects: 7

Highest Score by Subject

English
100%

Hindi
100%

Punjabi
100%

Maths
100%

Science
100%

Social
Science
99%

Painting
93%

Computers
99%

Additional
Subject
100%

THEMATIC ASSEMBLY-UPPER ELEMENTARY

Industry, Innovation and Infrastructure

The Thematic Assembly highlighted the importance of Industry, Innovation and Infrastructure as responsible citizens. It was quite a meaningful assembly where we were reminded that small actions can lead to greater positive changes in the environment. The assembly truly encouraged young minds to act responsibly and care for the world around them.

- Sargun, VI - Canyon

Vivek Mohali Organised the Thematic Assembly on "Peace and Justice

I was selected for the thematic assembly to be organized by my school, Vivek High School Mohali. I did not want to miss this opportunity, so I participated from the core of my heart. I along with other students from different classes sent message on peace, which begins from within each one of us. We gave message that people should be free of fear from all the violence and feel safe in their lives. Our assembly really inspired the teachers and they applauded us.

"Peace is not merely the absence of pressure; it is the presence of justice."

- Samreet Kaur, VI – Archipelago

Climate Change: Our planet our responsibility

Climate Change is one of the most serious challenges faced by our planet today. The thematic assembly by us Grade 6 Peninsula, Dune, Archipelago and Estuary was both enlightening and inspiring. The assembly encouraged to plant more trees, save electricity, and save water till the last drop. It also reminded us that small actions can create a big impact. The assembly also reminded us that the Earth is not just our home, but also our responsibility.

- Vamika Srivastava, VI - Peninsula

Thematic Assembly on Sustainable Development

Our school recently conducted a wonderful thematic assembly on sustainable development. The assembly highlighted important topics such as waste management, pollution, the role of factories in the economy, and the importance of protecting our environment. All of us confidently presented speeches, dance, music, and facts about reducing garbage, recycling waste, and using resources wisely for a better future. The event also explained how industries and economic growth should develop responsibly without harming nature. Through meaningful performances and informative presentations, the assembly spread awareness about keeping friendly habits in daily life. It was an educational and inspiring experience for me and encouraged me to become responsible citizens towards both environment and society.

- Tiarah Aggarwal, VI- Estuary

Equal Rights, Equal Opportunities

Gender equality means giving equal rights, respect, and opportunities to all people, regardless of gender. Boys and girls should have the same chances in education, sports, jobs, and decision-making. A society grows stronger when everyone is treated fairly and valued equally. Gender equality helps create a world where people can follow their dreams without discrimination or unfair treatment. It teaches us to respect one another and build a kinder and more balanced society. As we did our assembly we enjoyed a lot and side by side learned a big lesson. It was absolutely a worth of time.

- Mayra Grover, VI - Cliff

Clean Water and Sanitation

Clean water and sanitation refers to the availability, accessibility, and sustainable management of safe drinking water and hygiene facilities for all, combined with the proper disposal of waste to prevent disease.

Key Aspects of Clean Water and Sanitation:

Safe drinking water – Water that is safe for human consumption and hygiene, often referred to as potable water, which does not cause harm over a lifetime of use.

Hygiene Services (WASH) – The combination of water, sanitation, and hygiene (WASH) practices to prevent diseases, such as diarrhoea, trachoma, and cholera.

Why it Matters

It matters for Health and Survival, Economic Opportunity and Environment Protection.

Globally, over 2 billion people still lack access to safely managed water and sanitation, highlighting the urgency of this issue.

- Atulya Kalra, VI – Dune

Quality Education!

To me, quality education is when school feels safe, fun, and full of new things to discover. It's not just reading and doing math, but also learning art, music, sports, and how to be kind and work in a team.

We had a special assembly in our school on the Sustainable Development Goals. Our class highlighted Goal 4: Quality Education through a skit and posters. We made the audience understand why every child deserves good teachers, books, clean classrooms, and equal chances to learn. I wish every child, no matter where they live, gets to go to school without fear. When we learn well, we can chase our dreams, help our families, and build a brighter future for everyone.

- Ranekamjot Singh, VI- Plateau

Nature Today, Future Tomorrow

Our assembly on Life on Land highlighted the importance of protecting forests, wildlife, and natural habitats. Through thoughtful presentations and meaningful messages, students spread awareness about conserving biodiversity and maintaining ecological balance. The assembly inspired everyone to value nature and take small yet responsible steps towards creating a greener, healthier, and more sustainable planet for future generations.

- Rutvi Maini, VI – Oasis

A Step Towards a Hunger-Free World

The assembly on Zero Hunger emphasized the importance of ensuring nutritious food wastage. This role taught me the importance of kindness, sharing and responsibility.

It also helped me build more confident while speaking in front of everyone. In the starting I was little nervous but excited as it was my first time in narration. The assembly encouraged to show, support those in need, and work together towards building a hunger free and healthier world. It was a wonderful experience and I really enjoyed being part of the zero-hunger assembly.

- Namit Aggarwal, VI - Delta

Clean Water and Sanitation

Clean water is a resource that most people do not have. Water is a resource that is limited, not infinite. Most people waste water without noticing it, every tap you leave running, every drop of water you refuse to drink and throw down the sink, every bucket of water you hurl down the drain, etc. Sanitation is a crucial thing to the environment. Sanitation is about keeping your surroundings clean. We can do this by throwing trash into correct bins, reusing plastic bottle picking up trash in your park, etc. These actions do not give small impact, they give a huge one, a bigger one than anyone has ever expected, so stay wise and respectful to your environment.

- Ranvir Kulharia, IV- Dune.



Life below water

Our assembly was based on the theme "Life below water", which is one of the Sustainable development goals. It was about protecting marine life and keeping water clean. I played the role of a fish to show how pollution and plastic waste affect sea creatures. Through the assembly, we gave the message that everyone should help in keeping rivers and oceans clean. The assembly taught us the importance of saving aquatic life and protecting nature.

- Hunar, V-Cavern



LABOUR DAY ASSEMBLY-CLASS X

For Labour Day, we tried our best to make our support staff happy by helping them relax and celebrating this special day dedicated to them. Initially, we faced a lot of challenges in selecting songs, creating a mashup, and learning the choreography due to the limited time. However, everyone gave their best, and it was truly worth it. All the didis and bhaiyas were very happy and loved the performance. They were extremely humble, they thanked and praised all of us. It was a wonderful experience of teamwork and learning new things from one another.

- Khyati Aggarwal, X-A



EARTH DAY

A Promise to Protect Our Planet

Our class celebrated Earth Day with great enthusiasm. We took a pledge that helped us understand the importance of Mother Earth. We learned about everything the Earth provides us with and the steps we should take to protect and preserve it. It was an exciting and meaningful experience.

- Ayati Kandpal, VIII-A



JAL PAKHWADA -POSTER MAKING

Every Drop Counts



Taking part in the poster-making activity during Jal Pakhwada was exciting. I enjoyed using colours and ideas to show why saving water matters. While making my poster, I realized that even small steps, like turning off taps, can protect our future. The activity taught me that water is precious, and it is our duty to conserve it.

- Anwasha Sahu, VIII-A

650th BIRTH ANNIVERSARY OF GURU RAVI DAS JI

Documentary Watching

Hindi Gaayan



150th BIRTH ANNIVERSARY OF SARDAR VALLABH BHAI PATEL

Paragraph Writing and Video Watching Activity



Chart Making - Theme 'Unity'



Plantation Drive



Workshops

ART THERAPY WORKSHOP

Expressing Emotions through Art

The art therapy session was a mindful and amazing experience. We could feel the flow of music, and our hands moved automatically to draw on the sheet and express our state of mind. I enjoyed the session, and the experience enriched me.

- Manveen Kaur, IX-C



DISASTER MANAGEMENT

Fire Safety Awareness – Learning to Act in Emergencies



Our school conducted a fire safety activity under the guidance of a fire department officer. We learned important fire safety rules and the correct steps to follow during emergencies. The officer explained the different types of fire extinguishers and demonstrated how to use them properly. We also took part in a practical fire-extinguishing activity, which was both exciting and educational. The drill taught us the importance of awareness, discipline, and quick action in dangerous situations. It was a very useful and memorable experience for everyone.

- Shubhra Prasher, VIII-B

HEALTH AND WELLNESS WORKSHOP

Food for Thought – Understanding Healthy Choices

The Health and Wellness workshop gave us great insight into how our food choices shape our health. We learned how advertisements and celebrities can influence and sometimes mislead us. We also understood that so-called healthy-looking foods can, in reality, be harmful. My group and I performed an activity to spread awareness about this and promote healthier food alternatives. It was a fun and engaging experience.

- Nandini Dhial, VIII-A



No Bag Day

No Bag Day

Imagine walking into school and, for once, your shoulders feel light and your hands are free. That was the magic of our recent No Bag Day.

The first thing you noticed wasn't just the empty desks, but the energy in the room. It's funny how much a heavy backpack can weigh down your mood without you even realising it. Once those bags were gone, the "to-do lists" seemed to vanish too, replaced by a genuine sense of excitement.

In every corner of the school, the atmosphere shifted. We weren't just students and teachers following a syllabus; we were creators, teammates, and thinkers. Without the usual rush to open a textbook to a specific page, we had the time to actually talk to one another and dive into hands-on projects. It was a day where "learning" didn't feel like a chore—it felt like a discovery.

We saw students leading games, sharing ideas with confidence, and helping each other in ways that don't always happen during a standard lecture. It was a beautiful reminder that while books are important, the most valuable things we bring to school are our curiosity and our smiles.

No Bag Day wasn't just a break from the weight of our supplies; it was a day that let our creativity truly breathe.

- Imreet Kaur, Grade VI – Dune

Learning Numbers through Tambola

The Tambola activity organised on 'No Bag Day' was an engaging way to learn the properties of numbers. By playing and shouting "Bingo," we came across concepts such as co-prime and composite numbers. We have been learning number properties for a long time, but this time the concepts stayed with us along with the memories created while playing Mathematics Tambola. We enjoyed the game with great enthusiasm and the excitement of guessing numbers, but all good things come to an end.

- Anahat Kaur Bhatti, VII-A

Building Ideas Together

This activity was an insightful and enjoyable experience that encouraged us to think creatively and design a school building by connecting different areas of Social Science. Working in groups, we took on roles like historians, geographers, council members, and economists, which helped us understand how each field contributes to planning and development. We shared ideas, respected different perspectives, and combined our knowledge to create a well-planned map. The activity strengthened our teamwork, communication, and problem-solving skills while making learning more practical and engaging.

- Manveen Kaur, IX-C

भारत की धरोहर का ज्ञानवर्धक अन्वेषण

कक्षा सातवीं के विद्यार्थियों के लिए आयोजित 'भारत के सात अजूबे' विषय पर ज्ञानवर्धक गतिविधि विद्यार्थियों के लिए अत्यंत उपयोगी और ज्ञानवर्धक सिद्ध हुई। इस गतिविधि के माध्यम से विद्यार्थियों को भारत की समृद्ध सांस्कृतिक एवं ऐतिहासिक विरासत के बारे में जानने का अवसर प्राप्त हुआ। उन्होंने विभिन्न ऐतिहासिक स्थलों पर शोध कर अपनी जानकारी को प्रभावी ढंग से प्रस्तुत किया, जिससे उनके ज्ञान में वृद्धि हुई। इस प्रक्रिया में विद्यार्थियों ने समूह द्वारा मिलकर सहयोग से कार्य करने, विचारों का आदान-प्रदान करने तथा आत्मविश्वास के साथ मंच पर प्रस्तुति देने जैसे महत्वपूर्ण कौशल विकसित किए। साथ ही, उनकी भाषा-शैली, उच्चारण एवं अभिव्यक्ति क्षमता में भी सकारात्मक सुधार देखा गया। यह गतिविधि न केवल विद्यार्थियों की रचनात्मकता को प्रोत्साहित करने में सहायक रही, बल्कि उन्हें अपनी सांस्कृतिक धरोहर के प्रति गर्व और ज़िम्मेदारी का भाव भी सिखाने में सफल रही। समग्र रूप से, यह गतिविधि विद्यार्थियों के सर्वांगीण विकास के लिए अत्यंत प्रभावी एवं प्रेरणादायक रही।



Inter House Competitions

INTER HOUSE PUNJABI POETRY COMPETITION IV-VI

Our school hosted a vibrant Punjabi Poem Recitation Competition for students of Classes IV to VI. Each class presented poems based on unique themes, and one student from each house was selected to represent their group. After all the performances, our respected Principal addressed the gathering and shared encouraging words of wisdom, appreciating the efforts of every participant. The event proved to be highly engaging and inspiring, beautifully showcasing students' oratory skills and transforming poetry into vivid and memorable performances.

- Onalika Hastir, VI - Isthmus



INTER HOUSE ART COMPETITION-IV-VI

Anhad from Grade 6, came on 18 April 2026. Our school organised an inter-house competition. We learned about the importance of recycling waste. It was actually so much fun. We made beautiful posters with waste. We even recycled newspapers to make beautiful collages, home decor, and spread awareness. So, there is only one request: please don't make our Mother Earth dirty and recycle waste.

- Anhad, VI- Dome

Saving Nature Through Art

On 18th April, 2026, there was a no bag day. It was very interesting because it was full of fun and there were many activities. One of the activities that I loved was a poster-making competition on sustainable living. We all tried our best to get selected. Our bags were full of colours and newspapers. I had written "Environment" in the centre and filled the sheet with newspaper cuttings. It was very beautiful and neat. At the end, it was so much fun. The theme was sustainable living and saving the environment and species like tigers, which are almost extinct.

- Yanish Bansal, VI-Dome



INTER HOUSE HINDI POSTER AND SLOGAN WRITING COMPETITION- IX-X

विद्यालय में 18 अप्रैल 2026 को कक्षा नौवीं के विद्यार्थियों हेतु अंतर्सदनीय हिंदी 'पोस्टर तथा नारा लेखन प्रतियोगिता' सृजनात्मकता: कल्पना, भाव और विचारों की सजीव एवं प्रेरणादायक अभिव्यक्ति का सफलतापूर्वक आयोजन किया गया। इस प्रतियोगिता का विषय सतत विकास लक्ष्य पर आधारित था, जिसका मुख्य उद्देश्य विद्यार्थियों में सामाजिक जागरूकता एवं ज़िम्मेदारी की भावना का विकास करना था। इस प्रतियोगिता में मैंने उत्साहपूर्वक भाग लिया। विभिन्न विषयों में से मैंने 'लैंगिक समानता' विषय का चयन कर उस पर अपना पोस्टर एवं नारा तैयार किया। अपने प्रस्तुतीकरण के माध्यम से मैंने यह संदेश देने का प्रयास किया कि समाज में स्त्री एवं पुरुष को समान अवसर, सम्मान और अधिकार प्राप्त होने चाहिए। रंगों एवं रचनात्मकता के माध्यम से अपने विचारों को अभिव्यक्त करना मेरे लिए अत्यंत आनंददायक अनुभव रहा। इस गतिविधि ने न केवल मेरी कलात्मक अभिव्यक्ति को सशक्त बनाया, बल्कि लैंगिक समानता जैसे महत्वपूर्ण विषय को गहराई से समझने की प्रेरणा भी प्रदान की। यह प्रतियोगिता मेरे लिए अत्यंत प्रेरणादायक एवं स्मरणीय अनुभव सिद्ध हुई।

- अनाद्य बब्बर, कक्षा - नौवीं 'स'



INFINITY TIMES NEWSPAPER MAKING- MATH, SCIENCE & COMPUTER - IX - X

I really enjoyed taking part in the Infinity Times activity. It was a fun and different learning experience for me. While making the newspaper page, I learned many new things about Math, Science, and Computers. I also learned how to work in a team and share ideas with others. Designing the page and making puzzles and charts was very interesting. This activity helped me improve my creativity and confidence.

- Rabbani, X-B





INTER HOUSE PUNJABI POSTER AND SLOGAN WRITING COMPETITION-IX AND X

ਰਚਨਾਤਮਕਤਾ ਦਾ ਸੁਨਹਿਰੀ ਮੌਕਾ

ਸਾਡੇ ਸਕੂਲ ਵਿੱਚ 18 ਅਪ੍ਰੈਲ 2026 ਨੂੰ ਪੋਸਟਰ ਬਣਾਉਣ ਅਤੇ ਸਲੋਗਨ ਲਿਖਣ ਦਾ ਮੁਕਾਬਲਾ ਕਰਵਾਇਆ ਗਿਆ। ਇਸ ਮੁਕਾਬਲੇ ਵਿੱਚ ਹਿੱਸਾ ਲੈਣਾ ਇੱਕ ਰੁਮਾਂਚਕ ਅਨੁਭਵ ਸੀ। ਸਾਨੂੰ ਦਿੱਤੇ ਹੋਏ ਤਿੰਨ ਵਿਸ਼ਿਆਂ ਵਿੱਚੋਂ ਕੋਈ ਇੱਕ ਚੁਣਨਾ ਸੀ। ਮੈਨੂੰ ਇਸ ਮੁਕਾਬਲੇ ਵਿੱਚ ਭਾਗ ਲੈ ਕੇ ਬਹੁਤ ਅਨੰਦ ਮਹਿਸੂਸ ਹੋਇਆ। ਇਹ ਆਪਣੇ ਵਿਚਾਰਾਂ ਤੇ ਆਪਣੀ ਕਲਪਨਾ ਨੂੰ ਕਾਗਜ਼ ਤੇ ਉਤਾਰਨ ਦਾ ਸੁਨਹਿਰੀ ਮੌਕਾ ਸੀ। ਮੈਂ ਇਸ ਮੁਕਾਬਲੇ ਵਿੱਚ ਭਾਗ ਲੈਣ ਲਈ ਬਹੁਤ ਉਤਸ਼ਾਹਿਤ ਸੀ।

- ਅਨੰਤਪ੍ਰੀਤ ਕੌਰ, ਦਸਵੀਂ (ਡੀ)



Lit Fest

On May 7th, 2026 our school organised a 'Literature Fest'. We were excited to make a comic under the guidance of two renowned authors Mr. Ashwin Prabhu and Ms. Nandita Basu, who have written the books 'Rain Must Fall' and 'Starry Night' respectively. The comic was about emotions portrayed through characters. I made two characters, showing one as a bully and the other as the victim to the bullying depicting weakness. The comic was about the transformation from weakness to strength. This helped me and others learn about emotions and express our emotions better. Overall, it was a fabulous and interactive experience, and I will always be grateful to the school for this.

- Adwita Sameer, X-C



Basketball League

United by the Game



Participating in our school's basketball league was a highlight of the season. Being divided into different teams allowed us to compete directly with our classmates, creating a unique dynamic of friendly yet intense rivalry. Being part of the squad meant constantly adapting to new strategies and learning how to communicate effectively on the court. It was less about the final score and more about the energy, teamwork, and shared passion for the game within our school community. Stepping onto the court pushed us to give our absolute best in every play, fostering growth and a deep sense of pride in representing our collective spirit.

- Bikram Pratap Grewal, X-D

Student Musings

ANECDOTES

The Evil Comedian and The Princess

Once upon a time there lived a princess in the huge castle of star spire. Her name was Veronica. She always got curious about everything. She even got curious about how her favorite comedians' jokes are so funny. The comedian's name was Ravi. When Veronica started to get older, she started researching about Ravi a lot. After 5 months of researching about him she finally found his phone number and his address. She called him and they became friends, after some time, she visited his house without informing, and gave a surprise. She even snuck into his house to surprise him completely when she was inside, she first tried to see what he is doing but what she saw was shocking. He was chanting something she translated it in google it was a chant that whoever is his fans they will die so he could take over the world she didn't even hesitate to attack him with all her strength when she finally injured him enough she got up and went home. That day she saved almost the whole world.

- Jasmine Rajpal, IV- Isthmus

From Audition to Celebration...

School shows are always exciting as they give chance to students to display their talent. In Grade 3, I got an opportunity to perform in my school show named "FINDING NEMO". When the show was announced all the student of Grade 3 were asked to give auditions. Everyone came with full preparation and excitement to grab the best role; I was also one of them. I prepared my lines and gave my best during the selection. After few days, our teacher announced the roles, and I was thrilled to hear my name for the role. Yay!! I was selected for the role of NEMO, the lead role. Getting my favourite role filled me with confidence and motivation. I practiced regularly along with my classmates to make the performance successful. My performance was unforgettable. I performed confidently on stage and everyone appreciated my acting. It was a special moment for me, and I felt excited and proud. From this beautiful moment of my school life, I learnt that dedication and hard work always gives out best results. It became one of my happiest memory of my school life. "Everyone is finding Nemo and Nemo is here"

- Zubair Partap Singh Sahota, IV-Canyon

My Divine Experience in Vrindavan

Recently, I visited Vrindavan, a holy town in the state of Uttar Pradesh, India. It is one of the most beautiful and spiritual places in our country and is known as the land of Lord Krishna. Vrindavan is where Lord Krishna spent his childhood, playing with his friends, performing miracles and spreading love and joy. Every street, temple, and tree here seems to tell a story from Krishna's life. As soon as I reached Vrindavan, I could feel peace and devotion all around. The sound of temple bell, the fragrance of flowers, and the chants of "Radhe Radhe" made the whole town feel magical. One of the most famous temples I visited was Shri Radharaman Ji Mandir. It is one of the oldest temples in Vrindavan, built around 450 years ago. The idol of Lord Radharaman is said to have appeared miraculously from a Shaligram Shula (holy stone). When I entered the temple, the air was filled with chants and the sound of conch shells. It felt like Lord Krishna himself was smiling at everyone. Vrindavan has many other famous temples too. My trip to Vrindavan taught me that faith, kindness and devotion make life truly beautiful. It's a place where you feel close to God and filled with peace. Visiting Vrindavan was one of the best experiences of my life, and I will always remember the divine feeling of being in the land of Lord Krishna.

- Tiarah Aggarwal, V - Estuary

This funny incident happened when I was in class VI. We had an English IHC (poem recitation) coming up and our English teacher had asked us to prepare any short poem by a renowned poet and recite it for the selection round. I had prepared Roald Dahl's poem 'We have tears in our eyes'. I didn't get enough time to memorise the poem well. On the audition day, when my turn came, I began reciting. It was going well when suddenly I realised that I didn't know the next line. So I made up a line myself and spoke it out. The original line was – 'All you do is too look, at a page in this book'. And I recited – "All you do is too look at your hands and faces!" My friend who had the printed poem spotted my mistake and began giggling. I gave her the 'don't you dare' look and she obliged. But I couldn't control my laughter after that. Of course, I was not selected for the competition. Later, my friends laughed and said to me – "You can do really well in reciting humorous poems!"

- Tushita Srivastava, X-A

Meticulous Memento

My friend and I jointly compered the Labour Day Assembly sometime back. We were well prepared for a smooth flow of the planned events. It seemed to have started a little too well to be true, until we announced the first speaker. The earlier calm atmosphere now turned into an awkward pause for us as we kept on clapping for the intended speaker to come forth and take the stage. Seconds turned into minutes and it was a no show! There was no saving grace for us from our naturally satirical and savage audience- our peers! Trying to salvage our reputation, we hastily announced the next speaker so we could be saved. After that we were instructed to announce the previous speaker, who finally showed up this time around. Phew! I wouldn't say the rest of the assembly went without any mayhem, but we ended up making an unforgettable memory!

- Maira Uppal, X-C

ARTICLES

Can We Still Truly Connect?

Today, despite living in a world where communication is instant, we lack interaction, conversations and truly understanding a person. Somewhere between the screens and scrolling, human interaction has started to fade. We know what people in our society are eating, where they are travelling, the songs they are listening to but not that they too are feeling desolate inside. It is evident that our lives are starting to greatly depend on the number of views, likes, streaks and followers we have and we have started seeking validation from the people we may not even know. Our online presence has had such a massive impact on us; we curate our personalities online, showing our 'perfect' edited lives, hiding all the exhaustion, fear and loneliness we are truly facing. We want to adopt that fake personality we have created to make sure we seem fearless, bold, strong and happy all the time. We have stopped sharing our feelings even with the people we love, thinking it makes us vulnerable. In a time where almost everything we do is online, reducing our online presence is definitely easier said than done, but I urge you to bring reality back into your lives, to stop reducing laughter to a simple text of 'LOL' and actually conversing with the people around you. What our generation needs is not better Wi-Fi, but better communication.

- Aasmi Gandhi, X-C

The Blue Wand

The Blue Wand One day a fairy was practicing her spells. Her name was Lea. Her mother called her to help bake a cake. She left her wand in her room. When she came back her wand had disappeared! She told her mother and her mother said, "It must be in your school bag." Lea checked her bag, but it wasn't. She felt sad. So, she went for a walk. During the walk, Lea spotted a four-year old fairy struggling to do a spell. She helped that fairy and the little fairy thanked her. She went back home, ate dinner and slept. The next day when she woke up, she found a peculiar blue wand near her feet. It had a message — "Thanks - Regards Elie". She remembered that yesterday she helped a little fairy and knew it was from her. She tried a spell, it worked perfectly. She aced all her spell test just because she helped a little fairy. Moral: Kindness always finds its way back to you.

- Mahira Mathur, V- Isthmus

My Small World: Where Forever Became a Memory

School is not just about books, examinations, and classrooms. Behind all of it exists an entirely different world — a world built on friendships, laughter, shared secrets, and moments that quietly become memories. Friendships have always been a part of school life, and when I was younger, I believed every friendship I made would last forever. In my small world, everything felt permanent. I imagined growing up with the same people beside me, carrying the same bonds through every stage of life. I never looked beyond that world because, to me, it already felt complete.

Like many others, I believed in the phrase "best friends forever." But as time passed, school taught me a lesson far greater than anything written in textbooks: nothing remains constant forever. People change, situations change, and slowly, forever turns into a memory.

At first, I struggled to accept it. Some people who once felt like permanent parts of my life slowly drifted away. My world became smaller with time. Some people left it, while others unexpectedly entered it. And somewhere between losing and finding people, I learned that not every journey is meant to last long — some are simply meant to be beautiful while they last.

Of course, a part of me still wishes certain friendships had stayed longer. But I have realised that time cannot be controlled. The only thing we can truly do is cherish the moments we have instead of desperately holding on to them.

Change is one of life's quietest truths. As time moves forward, people grow, relationships shift, and life reshapes itself around us. We cannot stop those changes, so we must learn to grow with them instead of fearing them.

In the end, perhaps forever was never meant for people. Perhaps it was always meant for memories.

- Mannat Dhaliwal, VIII-D

Ten Minutes Before the Bell Rings

Ten minutes before the bell rings, the school transforms into a different world. Corridors become racing tracks, classrooms turn into mini fish market of borrowed pens and unfinished homework, and every student suddenly has a story to tell. Someone is running to class with untied shoelaces, someone is completing their homework at lightning speed, and someone is confidently saying, "The teacher won't check it today." Laughter lingers across the room while bags hit desks like drums in the middle of the chaos. In those ten minutes, friendships grow stronger, secrets are shared, and even the quietest students seem a little more alive. Then comes the bell, sharp, sudden, unavoidable. Conversations stop, chairs scrape the floor, and the organized chaos disappears as quickly as it came. But somehow, every school day begins with those unforgettable ten minutes. And even though nobody says it, it is the best part of the day.

- Haneesha Premi, VIII-C

The Story of My Smiley Life

I'm Anahita, nine and a half,
 Growing each day with smiles and laughs.
 At Vivek High School I study and play,
 Learning new things in a fun-filled way.
 My mornings begin with sleepy eyes,
 School bags, ribbons, and breakfast surprise.
 Sometimes I rush, sometimes I sing,
 Sometimes I forget one little thing!
 I live with my parents, loving and kind,
 They cheer me up when I'm tired in mind.
 And then there's my sister, only three and a half,
 She dances around and makes us all laugh.
 She hides my pencils and steals my clips too,
 But hugs me tightly when the day is through.
 We race through the hallway and fight over toys,
 Filling our home with giggles and noise.
 I love bright colors and painting with care,
 Making little artworks here and there.
 And when music plays, I twirl and sway,
 Dancing with joy throughout the day.
 Some days are homework, tests, and books,
 Some days are cartoons and funny looks.
 I giggle with friends, I dream and explore,
 And every new day brings something more.
 I'm growing slowly, bright as the sun,
 With family, school, and lots of fun.
 My life right now feels playful and sweet,
 A happy little rhythm with dancing feet.

- Anahita, IV- Dome

Best Friends Forever

Best friends forever, side by side forever
 Walking in the hallway, giggling together
 Click-click, photos poppin' like a treat
 BLACKPINK is our vibe, fav group on repeat
 Katseye forever, their K-pop heat.

- Tvishaa Grover, VI-Plateau

When a Tree Cried

Don't cut me,
 Cried the tree.
 Because I give you
 Rain free.

In my cool shade
 You rest.
 Eat my fruits that
 Are best.
 Take in my fresh smell
 Let me live my life well.
 - Gurbani, VI- Isthmus

No Bag Day

No bag day
 is a day which we enjoy
 forget all troubles
 don't be annoyed.
 We forget
 We have a great school
 with our friends
 you can take Saturday too!
 - Ananya, V -Dune

माँ

माँ भी कभी बच्ची होगी
आँखों में कुछ सपने होंगे

हाथों में कुछ लड्डे होंगे
अल्लड़ सी एक लड़की होगी

सखियों संग घूमा करती होगी
ज़िद पे कभी तो अड़ती होगी
माँ भी जब बच्ची होगी

हम पर जान लुटाने वाली
हर गम पे मुस्काने वाली
सपनों को सजाती होगी

सोचो वो माँ कैसी होगी
जब वो छोटी बच्ची होगी

- अरवीन कौर, V- पेनिनसुला

POEMS: VII-X

A Ghost

*In the hollow halls of midnight's breath,
A ghost drifts slowly, light as death.
Moonlight spills on the floorboards bare,
But only shadows know it's there
It haunts out of spite and rage,
But last between life's turned pages.
A name forgotten, love undone,
A story fading once it's done.
So if you hear a creaking stair,
Or feel a shiver in the air.
Don't run, don't scream, don't turn away,
Some ghosts just wish they'd been asked to
stay.*

- Gharsheen Kaur, VIII-B

Basketball League

*All week long we wait and say,
"Saturday and Sunday come fast today!"
We wake up early without a fight,
And wear our jerseys feeling bright.
Parents sit and cheer out loud,
Players run while friends make crowds.
Sneakers squeak as matches go,
Fast passes moving to and fro.
No matter if we win or lose,
We still enjoy the game we choose.
Every weekend feels so right,
Because our basketball league is full of life.*

- Jai Pratap Singh Ghuman, VII-A

Still Going

September came with notebooks new,
Fresh hallways, lockers, friendships too,
Grade 7 started with hope I never knew.

Some days I flew, some days I'd cope,
I stayed up late just trying to hope,
Feeling kind of lost at the end of my rope.

Tests and concepts I didn't get,
Some of the hardest days I've faced yet,
But I kept going — I'm not finished yet.

I asked myself why I started and why I care,
And that's what kept me going, just being there,
I believe in me — and I'm almost there.

- **Rehmat Kaur, VII-A**

Leading the Way

Being the monitor is great,
But let me get one thing straight.
Stay calm, follow the rule,
Let's make this the best class in school.
Don't laugh, hold it,
Before the monitor gets scolded.
Call me a monitor, not a snitch,
I am just fixing every glitch.
So let's stay united and cool,
And make great memories in our school.
With teamwork shown every day,
Let's make our class shine in every way.

- **Anahat Kaur Bhatti, VII-A**

Beyond What We See

Not just the colours the eye can trace,
but hidden laws in time and space.
In every drop, in every ray,
a silent science finds its way.

Distant stars in the endless sky,
twinkle brightly, saying goodbye.
For when morning comes and all is blue,
the night's last spark still shines for you.

The raging storms with their mighty winds,
bring chaos loud, as silence thins.
But then comes a gentle breeze,
once again filling our hearts with ease.

The roaring waves and the gentle tides,
one fierce with scowls, the other grins wide.
Beneath them lies a world unknown,
where silent wonders have quietly grown.

From atoms small to galaxies wide,
there's magic in what we cannot hide.
Each image speaks, each moment shows,
the truth behind what nature knows.

So through these sights, we start to see,
not just what is-but what can be.
For science lives in all we view,
a world of wonder, ever new.

- **Anusha Chaudhuri, IX-A**

Silver Drops

*The Earth is a magical place,
And rain is a beautiful grace,
Which falls from the heavens above,
And quenches the thirst of plants with love.*

*Sometimes it falls like cats and dogs,
Sometimes it's just a misty fog,
It may come with a thunder, strike,
Or something quite unlike.*

*I often go and stand in the rain,
It takes away all my pain,
I am free and standing in the force,
Of nature's amazing course.*

*The pitter-patter echoes all along,
To the people that belong,
To the people that respect,
To the people that accept.*

- Maira Uppal, X-C

Dreams on Leave

*They say "follow your dreams" with hardwork
so grand,
yet mine filed a leave application and left me
unmanned.*

*I opened my book with scholarly grace,
then spent forty minutes staring into space.
The clock keeps sprinting, absurdly fast,
while my motivation expired somewhere in the
past.*

*Even the moon shows up faithfully each night,
unlike my discipline, which vanished on sight.*

- Shaurya Pratap Sood, X-C

What Nature Endures

*The sunflowers turn where the daylight goes,
though evening withers the gold they hold.
Still they wait through the cooling air,
certain the morning will find them there.*

*The desert keeps the footprints brief,
erasing wanderers without grief.
Yet every traveller crossing through
still trusts the stars to lead them true.
A wildfire tears through ancient trees,
leaving silence with the ash and leaves.
But months from ruin, green returns,
life growing softly where the forest burned.*

*The cliffs endure the violent sea,
wave after wave, relentlessly.
Not every battle ends in sound,
some victories are staying ground.
Perhaps the world was built this way:
not everything survives unscathed.
Yet nature whispers, rough but wise,
that what withstands is what survives.*

- Shaurya Pratap Sood, X-C

Talent Hunt

UPPER ELEMENTARY

My Talent Hunt Competition

So we had a competition on Saturday and all the students had to do dancing, singing, acting and more. Me and my friends did a dance on a Punjabi song called "Jatti Speaker Bole" by Diljit Dosanjh. All the teachers were so happy and delightful. We had so much fun on Saturday. When the Assembly was over, the teachers danced and we also joined them.

Everyone thoroughly enjoyed our performance and showered us with immense appreciation. The entire auditorium erupted in loud cheers, and both our peers and teachers praised our energy, coordination, and choice of song. Many teachers came up to us afterwards to tell us that our dance was the highlight of the day! It felt wonderful to see everyone smiling and applauding our hard work.

This was all about our fun Saturday!

- Teghnaman Kaur , IV-Cliff

My experience at the talented program was very exciting. Many children performed different types of dances like hip-hop, pop, western and Punjabi. I performed a Punjabi dance with my friends. We prepared for our dance by practicing together on phone calls. I was a little nervous at first, but later I enjoyed my performance very much. Our dance performance was very good, and everyone clapped for us. I also liked the other children's performances. It was a happy and memorable day for me."

- Manroze Kaur Dhindsa, IV-Cliff



Outside Campus

INTER SCHOOL COMPETITION

VHS FEISTA

A Proud Win in Turban Tying Competition

I participated in the turban tying competition held at Vivek High School, Chandigarh. Fifteen minutes were given to complete the turban tying. It was not easy to finish within the time limit, but I completed it in 13 minutes and 20 seconds. I had practised a lot for this event. I was very happy to secure the first position in the competition. It was a wonderful experience, and I learned a lot from my mistakes. I will continue to improve and work harder in the future.

- Gunvansh Singh, X-B



VHS FEISTA 2026 ART COMPETITION

Vivek High Chandigarh Art Fiesta 2026, took place on 27 April, Monday. The competition was based on expressing emotions and feelings through art. Our theme was cubism art. Kiran ma'am guided us for the competition. I was well prepared for the competition. My friends and teachers had high expectations from me and I didn't want to let them down. So, I did my best. The results were announced and to my greatest surprise I bagged the second position. The judges really appreciated my work. This made me confident and future ready for other competitions

- Anwasha Sahu, VIII-A



BOARD GAME BATTLE

Taking part in Mathovation 2026 was an incredibly enriching and memorable experience. I participated in the Board Game Battle with my friend Amitoj, where teams were challenged to design a board game based on the theme 'Mathematics Meets Strategy.' Competing against six other talented teams, we were proud to secure the 3rd place.

Overall, Mathovation 2026 was a truly rewarding experience that I thoroughly enjoyed and will always look back on with pride and enthusiasm.

- Reyaansh Bimbra, VIII-D



Mathscape

Taking part in Mathovation 2026 was really something special for me. The project we worked on was a mix of creativity, logic, and science. It also helped us understand how these concepts can be applied in real life. This made the entire experience both exciting and educational. We created several interactive areas, including a 3D pulley game area and piezoelectric tiles that generated electricity whenever pressure was applied to them. We also had a monitoring station with batteries and multi-meters to display and measure the energy being produced. Working on the project taught me many valuable lessons. During the preparation process, I learned the importance of teamwork, planning, and problem-solving. There were many challenges while building and testing the models, but overcoming them helped improve my technical skills.

- Vinavjot Singh, X-A



VHS FIESTA-SCIENCE

Science Dare

In the Science Dare, we were thrown into an on-the-spot challenge with nothing but basic materials. We had to turn an idea into a working car model that worked using a balloon. The task was both intellectually engaging and quietly exhilarating, demanding quick thinking and sharp coordination. Against other competing teams, our model travelled the farthest, met key criteria and secured us the first place.

- Shaurya Pratap Sood , X-C

Science Expressions

The VHS Science Fiesta was a truly wondrous experience. All the competitions were a perfect blend of innovation and marine life, which was the central theme. Everyone there was kind and welcoming, making the event even more enjoyable. It was a great experience overall, and many of us even won awards in different categories.

- Anusha Chaudhuri, IX-A



VHS FIESTA-SHIELD OF HONOUR (SOCIAL SCIENCE)

I recently participated in an Inter-School competition at Vivek High School, Chandigarh, and won second place. The theme was women empowerment, so I drew a shield and wrote a slogan to show the strength and inner power of women. Competing against students from other schools was a bit scary, but it pushed me to do my best. Hearing my name called for the second prize was a super proud moment for me and it really boosted my confidence.

- Mehreen Kaur, VII- B



WORLD SCHOLARS' CUP

Participating in the World Scholars' Cup Regional Round was honestly one of my favourite experiences. I took part in all the events, and each one challenged me in a different way while still being really fun and engaging. What I loved most was how different it felt from typical competitions, it was exciting, a little chaotic, and never boring. Getting 3 silver medals and 1 gold just made it even better and pushed me to do even more.

Overall, it really boosted my confidence and made me even more excited for what's next.

- Mahira jindal, X-C

World Scholars' Cup was not just a competition but an opportunity . This opportunity help me understand how to express my viewpoints through debates. It increased by memory power by the Scholars bowl and the Scholars test and also might have inspired a portion of my heart to become a novelist through the team writing. I was delighted to be a part of the world Scholars' Cup this year and made a bunch of memories.

- Ranbir Pratap Singh Brar, X-C



Field Visits

VIST AIR FORCE MUSEUM GRADE-VI

Air Force Museum Field Trip

It was my first school trip in this academic year. I was very excited for the trip. When I reached the entrance, there were many pictures of India's success caused mostly by the Indian Air Force. As we went further inside, there were many miniatures of fighter jets, missiles, engines and tanks. There were the names of the people in the Indian Air Force which achieved different types of chakras (Awards). The names of the chakras included the Param Vir Chakra, Maha Vir Chakra and the Vir Chakra for Wartime Gallantry and Ashoka Chakra, Kirti Chakra and the Shaurya Chakra in order from 1st to 3rd.

- Sahir Vashist, VI – Archipelago

Indian Air Force Heritage Center

Visiting the Indian Air Force Heritage Centre was a very nice and interesting experience for me. The museum was neat and well arranged. I saw many things like aircraft models, uniforms, medals, photos, and weapons related to the Indian Air Force. I learned about the bravery, love for the country, and sacrifices of our soldiers in different wars. The thing that impressed me the most was that only one soldier received the Param Vir Chakra, the highest wartime award, for his great bravery. The displays were beautiful and full of information, which made the visit more enjoyable. After the visit, I felt very proud of my country and inspired by the hard work and courage of the Indian Air Force officers.

- Nimrat Kaur, VI-Estuary

Trip to Indian Air Force Heritage Museum, Chandigarh

My visit to the Indian Air Force Heritage Centre provided an inspiring look into India's military history and aviation milestones. Established on October 8, 1932—a date celebrated annually as Indian Air Force Day—the IAF had been shaped by legendary leaders like Air Marshal Subroto Mukherjee, the first Indian Commander-in-Chief, and Air Marshal Arjan Singh, the history-making, five-star military officer. You also learned about the nation's highest honors, including wartime gallantry awards like the Param Vir Chakra, Maha Vir Chakra, and Vir Chakra, alongside peacetime honors like the Ashoka Chakra, Kirti Chakra, and Shaurya Chakra. Notably, Flying Officer Nirmal Jit Singh Sekhon remains the sole IAF recipient of the Param Vir Chakra for his supreme heroism. Beyond defense, the exhibition highlighted India's cosmic achievements, tracking the journey from Wing Commander Rakesh Sharma as the first Indian in outer space to Group Captain Shubhanshu Shukla's historic 2025 mission to the International Space Station. Seeing the detailed battle models and learning about these ranks and heroes made for an unforgettable experience that is well worth a second visit.

- Kaivalya Kaur, V-Cavern



VISIT TO KARTAR ASRA OLD AGE HOME - VII

Moments of Love and Connection with the Elderly

Our visit to Kartar Asra Old Age Home was an experience I will never forget. At first, I felt a little shy, but the elders welcomed us with such kindness that I soon felt comfortable. Listening to their life stories was inspiring, and singing songs for them made the atmosphere joyful. Their smiles and blessings touched my heart deeply. I realised that spending time with the elderly is not only about respect but also about sharing love and happiness. This visit taught me that caring for them is a noble duty, and it left me with memories I will always treasure.

- Anahat Kaur Bhatti, VII-A



VISIT TO SEWING CENTRE - VII

On the bright morning of 16 May 2026, my friends and I visited the Women and Children Welfare Society. We met with the friendly sewing students and teachers at the centre. We talked to them and got to know about the lives of these women, which was a deeply moving experience. Everyone was incredibly exuberant and helpful. They taught us basic sewing, how to attach hooks and buttons to clothes, and even showed us how to do embroidery. They were all very kind and patient, gently correcting our mistakes along the way. I enjoyed this social interaction very much. It was a wonderful experience that taught us valuable new life skills and inspired us to do better in life.

- Riyan Sharma, VII-A



Tours And Treks

A Journey through Heritage - Bhopal

Our school trip to Bhopal was an exciting and memorable experience. The city's calm atmosphere and beautiful lakes created a refreshing environment. One of the highlights was visiting the museum, where we explored fascinating exhibits showcasing history, art, and culture. The detailed sculptures, ancient artifacts, and informative displays helped me understand India's rich heritage more deeply.

Another unforgettable part of the trip was our visit to Sanchi. The magnificent stupas and intricate carvings reflected the brilliance of ancient architecture and Buddhist traditions. Walking around the site gave me a sense of peace and curiosity about the past. Overall, the trip was not only enjoyable but also educational. It allowed me to learn beyond textbooks, observe historical wonders closely, and spend quality time with friends. This journey will always remain special in my memories.

- Kanav Chawala, X-D



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