

# VIVEK HIGH SCHOOL, SECTOR 70, MOHALI Contact No. - 0172 - 4621747, 4625747 E-mail ID - vivekhigh70@yahoo.com CBSE Affiliation Number - 1630713 (Affiliated upto 31/03/2025)

## ANNUAL REPORT 2022-23

The annual school report is a reflection of our achievements, endeavours, aspirations and activities of the past one year.

### MISSION AND VISION

Vivek High School endeavours to create a community of 21st Century Learners through a nurturing, stimulating and holistic learning environment, where students are encouraged to develop open mindedness, a spirit of inquiry, creative and critical thinking skills, self and social responsibility. The school collaborates with the community to instil in the students, generosity of spirit and integrity in thought, word and action. At Vivek to be truly educated is to have a deeper understanding of ourselves and of the world around us.

### THE PRINCIPAL

Reflecting upon the preceding year provides us with a profound sense of achievement and fosters a collective connection through the sharing of enriching experiences. Emerging from the adversity of a pandemic and experiencing a semblance of normalcy in the elapsed year has enlightened us to the realization that our most remarkable accomplishments can only be attained when we unite and collaborate. We eagerly look forward to the possibilities the coming year holds. The results of 2022-23 are validation of the commitment levels of Vivek staff and efforts put in by the students. The guiding lights of knowledge and integrity continue to encourage all us Vivekites to be the best version of ourself.

### -Mrs. Harbina Randhawa

This is where the children start their journey with Vivek High! An 'Environment' that offers every child the opportunity to have the experiences required for education in the true sense.

### OUR MONTESSORI WORLD

### The Montessori Education Program

Vivek High School was the pioneer school in the Tricity to introduce the Montessori curriculum under the guidance of their Director, Ms. Meenu Sahi, in the year 2014.

"A child can only acquire the words he hears spoken around him. This is not teaching but absorption. The child is, by nature, hungry for words; he loves strange, long words like the names of dinosaurs and constellations. He takes in all these words without understanding their meaning, as his mind is still taking language in by a process of unconscious absorption. " - Maria Montessori (The 1946 London Lectures, pg. 148)

The Montessori curriculum ensures that most of the learning activities are individualised: i.e., each child engages in a learning task that particularly appeals to them because, they find the

activities geared to their needs and level of readiness. Consequently, they work at their own rate, repeating the task as often as they like, thus experiencing a series of successful achievements. In this manner, they build a positive attitude toward learning itself.

We are proud to announce the initiation of the Grade V as a part of Montessori Upper Elementary during this session.

### **Celebrations and Activities**

Celebrations bring the students closer to each other's traditions and cultural beliefs and develop respect and understanding for each other's customs and traditions. It is a great way to understand the rich heritage of India and learn about the importance of various festivals. Keeping our values intact, we at Vivek High School offer the right kind of educational system which is based on moral ethics. We believe that giving the children the right platform will help them work towards becoming responsible citizens.

The special assemblies, events and celebrations conducted in Montessori were:

### Toddlers and Montessori Environments:

- Montessori Environment Language Workshop for Parents
- Special Assembly:
  - Independence Day
  - Ganesh Chaturthi
  - Diwali
- Celebrations:
  - Baisakhi
  - Mother's Day
  - Father's Day
  - Ganesh Chaturthi & Sthapna
  - Grandparents Day
  - Teej Celebrations
  - Christmas Celebration
  - Janamasthami
  - Thank you day
  - Graduation Day
  - Children's day
  - Navratri Pooja
- Events
  - Montessori Annual Presentation Terminal 3
  - Sports Day
  - Flower show
  - Puppet show
- Outdoor visit
  - Visit to religious places

### Montessori Lower Elementary:

- Counsellor Awareness talk Good Touch, Bad Touch
- Special and Thematic Assembly:
  - Earth Day Assembly
  - Dusshera Assembly
  - Children's Day Assembly
  - Gurpurab Assembly

- Cosmic Cradle (Thematic)
- Celebrations:
  - Children's day
  - Graduation Day
  - Independence Day
  - Group Singing Session
  - Pretend Play (Mont. Elementary-I, II)
  - Rangoli Competition
  - Skating Competition
- Events
  - Annual Athletic Meet
  - Field Display
  - Science Expo
  - Junior Wing Basket Ball League
  - Sleepover (Mont. Elementary-III)
- Outdoor visit
  - Verka milk plant, Mohali
  - Natural History Museum, Chandigarh
  - International Dolls Museum, Chandigarh
  - Visit to press HT office

## Montessori Upper Elementary:

- Inter House and Other Competitions:
  - Art Competition
  - Hindi Poetry Recitation
  - Punjabi Poetry Recitation
  - Art competition
  - English Poetry Recitation
  - Declamation Contest Social Science
  - Science Quiz
  - Maths Quiz Mathletes
  - Best out of Waste
  - Poster making competition 'Digital India'
- Celebrations:
  - Children's day
  - Independence Day
- Events
  - Basket Ball League
  - Scholar badge ceremony
  - Annual Athletic Meet
  - Field Display
  - Lit Fest Authors interacted with students.
- Thematic Assembly Beauty of the Earth (Landforms and Water forms)
- Outdoor visit Visit to press HT office
- Counsellor Awareness talk Inappropriate use of language and bullying

# **Inter school Competitions**:

- One Minute book talk and Illustration
- Portrayal of characters
- Art competition 'Incredible India'

- Declamation competition
- Poetry recitation
- District Yogasana Sports Championship

# And the journey continues!

<u>SENIOR WING (VI - X)</u>: Wholesome development of the child is the prime focus and this is achieved by exposing the students to a wide range of academic and co-curricular activities. Some of the highlights of the session were:

- Orientation for classes VI- VIII
- Path & Langar
- SW Basketball League
- Rita Ma'am's Farewell
- 8<sup>th</sup> Bhagwant Singh Memorial Basketball Trophy
- Annual Athletic Meet (AAM) and Field Display
- Founder's Day Play Sassi Punnu
- Funky Rainbow- Lit Fest
- Motivational Talk by Mr. Vikram Agnihotri
- Open Day For non-performing clubs
- Student Election
- Investiture Ceremony
- Farewell to Class X
- Donation Drive for woolens

### Inter House Competitions :

- Hindi Slogan Writing and Poetry Recitation
- Punjabi Poetry Recitation
- Sports Basketball, Soccer, Table Tennis
- Social Science Quiz and Poster Making
- English Poetry Recitation and Declamation Competition
- German Poster and Collage Making
- Folk Dance Competition
- Art Gala-
  - Festival I Enjoy the Most
  - Gender Equality at Work and Home
  - India of My Dream
  - Freedom of mind

### COUNCIL ELECTIONS:

To give the flair of electoral politics and to elect the council, elections were conducted in the month of February in two rounds- For Head Boy, Head Girl, School Captain Boy, School Captain Girl and House In-charges. All the candidates were allowed to campaign for themselves during the break time. They also read their manifesto on the given day followed by polling. Counting of votes were done by the social science educators and results were declared after compilation.

<u>CRITICAL THINKING AND EXPERIENTIAL LEARNING PROGRAM</u>: Academic plans are made after thoughtfully scaffolding the curriculum and age and class specific learning outcomes are identified. Developing Higher Order thinking skills and encourage 'Learning by doing' is the main essence of the Academic plans for all Classes from VI-X.

**IAYP**- IAYP (International Award for Young People) is recognised in more than 130 countries across the globe. It is a voluntary programme that aims to engage, equip and empower young people to acquire experience in - Physical Recreation, Skills, Voluntary Service, and Adventure Journey at the Bronze, Silver, and Gold levels. The programme is open to all and anyone with perseverance and enterprise irrespective of their physical condition can earn an Award. Young people are free to choose activities that suit their environment, personal interests, and talents. During the session 2022-23, Twenty-four students got themselves registered for IAYP. We are proud to announce that our ex-students - Danveer Singh and Anupamma Sondhi received their silver level certificates in August 2022 and Ananya Chugh received her bronze level certificate in October 2022. Vishwaditty Kalia received Gold certificate and badge.

## EXTRA-ACADEMIC PROGRAMS

**THEMATIC ASSEMBLIES:** To boost the confidence of and provide a platform to every student to explore their respective flairs, the various departments and Houses in the Senior Wing conducted theme-based assemblies. Each department ensured maximum participation to give the students the required exposure. The students showcased a plethora of talents such as singing, dancing, acting, etc. In this competition, children were motivated through some experienced judges so that they can further promote their talent in life. Each student was encouraged by giving a certificate.

The topics and the themes of Special Assemblies were as follows:

- Introduction of New Council
- Scholar Badge Students Felicitated
- Independence Day
- Teachers Day Assembly
- Children's Day
- Republic Day
- Award Ceremony for Academic Achievers and Value Awards

<u>MUN:</u> Students from our school participated in the MUN organised by various schools all across the tricity. This programme helps students to gain a better understanding of the inner workings of the United Nations and builds skills in diplomacy, compromise and decision making, so they will have the opportunity to make changes and solve problems. These events also enhance the awareness and communication skills of students. Our students made us proud with their excellent performance at various MUNs. Our students' prowess in oration, confidence and verbal acumen made them perform really well.

### Kudos to our MUN team!

Some worth mentioning achievements are as follow:

<u>HPSMUN- Hansraj Public School (June)</u>
 Jashan Kumar of VIII-A - High Commendation

- <u>Sacred Heart MUN (October)</u>
  Prisha Gupta- Special Mention
  Divyam Bansal- 2 certificates of special mention
  Kulraj Singh High Commendation Award
- <u>SFHSMUN- Strawberry Fields High School</u> Priyanshi Sharma XA - Verbal mention Prisha Gupta IX A - Special Mention

# <u>VHS38MUN (November)</u> Jashan Kumar - Special Mention Manushri Chugh - Verbal Mention Prisha Gupta - Special Mention Rubayat Sandhu - Verbal Mention

<u>SWACHH BHARAT</u>: Keeping in mind Government of India's Swachh Bharat Mission, the school had introduced Swacch Vidyalya Trophy a few years back. The same continued in the session 2022-23 as an initiative to inculcate the habit of keeping the surroundings clean and hygienic. The teachers assisted by the council members comprise of the panel to judge the respective classrooms. The criteria for judgement are the layout of the classroom and cleanliness of the classroom. The students who are a part of the team for assigning marks to each class take rounds twice a week and the judgement sheet is updated fortnightly and the class which scores the maximum points is awarded the trophy.

# EXTRA MARKS

Vivek High School is proudly empowered with Extramarks Digital Learning Solutions. Our elearning partner offers all concepts prescribed by the CBSE in an engaging and interactive manner. Its unique pedagogy ensures concept clarity and application of theoretical concepts in real life based situations for students. They have given us free exam resources as a pilot project.

### TRINITY

"Communication is a skill that you can learn. It's like riding a bicycle or typing. If you are willing to work at it, you can rapidly improve the quality of every part of your life." Keeping the same in mind, Vivek High School, Mohali has integrated the **TRINITY COLLEGE LONDON EXAMINATIONS & CERTIFICATION in 'Speech & Drama'** and 'Communication Skills' into curriculum, to develop a range of transferable 21<sup>st</sup> century skills that can have a positive impact in both education and the workplace. Our trained school educators aid and guide the Trinity participants all along the way to take it to fruition, through verbal skills. The participants have also shown visible signs of having emerged more confident and ready to take on further challenges head on, which the fast paced world is constantly posing for the new generation.

Out of the total **24 students** who appeared in the exam, **18 achieved Distinction** and **6 achieved Merit**. The Trinity examiner, Mr. Tony Bell, was very impressed with the students' performances and commended the hard work put in by the teachers to ensure the level accomplishment that the students displayed.

### TRIPS AND VISITS

It is important to develop leadership skills at an early age. With this in mind, the treks and tours were organized for students of classes IV to VIII and X. Class IX was involved in the Annual Production (Sassi Punnu) and hence did not go for the trip. The adventurous trips help the students to develop their communication skills and also help in building their outdoor skills and how to work as a team. They learn to explore new things and get a chance to indulge in various activities like: Rappelling, valley crossing, trekking etc.

- Students of Classes IV and V went to Camp Peach Valley, Rajgarh
- Students of Classes VI and VII went to Chail, Koti Campus
- Students of Class VIII went to Extreme Cottage, Chail
- Students of Class X went to Dharo Ki Dhar, Solan

## ACHIEVERS

### Class X toppers

Out of 88 students 30 students have scored above 90%. 11 students have got 95% above. Yana Suri topped the school by scoring 98.6%, Pavneet Kaur got 98.2%. Following students scored perfect 100 ...

- Utkarsh Lakhani in Maths
- Naysa Bhatia in Punjabi
- Vrinda Seth English
- Yana Suri in Social Science

## AWARDEES (2022-23)

### SCHOLAR BLAZER AWARDEES:

S.No	Name	Class
1	Gurnoor Singh	VI B
2	Manrab Singh Dhawan	VI B
3	Manya Bansal	VI C
4	Vinavjot Singh	VI C
5	Agrim Kalra	VI C
6	Riddhima Bansal IX A	
7	Phalgun Hansrao	IX B

### SPORTS BLAZER 2022-23:

S.No	Name	Class
1	Ribhav Saroha	VI C
2	Aayan Jagdev	VII A
3	Aarav Singh Multani	VII A
4	Khushman	VII C

5	Aditya Nagpal	VII B	
6	Parth Sharma	VIII B	
7	Kabir Lakhanpal	IX A	
8	Sumukh Marya	IX B	
9	Nipun	X A	
10	Pragun Sharma	X A	
11	Prabir Singh Behgal	X A	
12	Archit Bhargava	ХВ	
13	Sartaj Singh	ХВ	
14	Srishti Dhiman	ХВ	
15	Abhay Partap Singh	ХС	
16	, Sehaj Singh Gill 🛛 🗡		
17	17 Bikram Singh Sangha		
18	Verronica	X D	
19	Gurtej Singh Baidwan	ХC	

## SCHOLAR BADGE AWARDEES 2022-23:

S.No.	Student	Class
1	Gursahib Singh	Montessori Upper Elementary-(Class IV)- Dune
2	Tanush Dhingra	Montessori Upper Elementary-(Class IV)- Dune
3	Ranbeer Singh	Montessori Upper Elementary-(Class IV)- Dune
4	Kunwardeep Singh Chhabra	Montessori Upper Elementary-(Class IV)- Dune
5	Mehar Kamboj	Montessori Upper Elementary-(Class IV)- Dune
6	Osheen Verma	Montessori Upper Elementary-(Class IV)-Peninsula
7	Meher Gill	Montessori Upper Elementary-(Class IV)-Peninsula
8	Karnav Chouhan	Montessori Upper Elementary-(Class IV)-Peninsula
9	Vihaan Sachdeva	Montessori Upper Elementary-(Class IV)-Peninsula
10	Kaashvi Pandey	Montessori Upper Elementary-(Class IV)- Cavern
11	Aarna Mahajan	Montessori Upper Elementary-(Class IV)- Cavern
12	Anhadveer Singh	Montessori Upper Elementary-(Class IV)- Ridge
13	Jaibaan Singh	Montessori Upper Elementary-(Class IV)- Ridge
14	Purnima Sharma	Montessori Upper Elementary-(Class IV)- Cliff
15	Nirgun Kaur	Montessori Upper Elementary-(Class IV)- Delta
16	Jivin Sharma	Montessori Upper Elementary-(Class IV)- Delta
17	Inayat Sachdeva	Montessori Upper Elementary-(Class IV)- Delta
18	Yonit Sareen	Montessori Upper Elementary-(Class V)- Dune
19	Aarna Parashar	Montessori Upper Elementary-(Class V)- Cavern

20	Aanya Dave	Montessori Upper Elementary-(Class V)- Cavern
21	Seerat Khurl	Montessori Upper Elementary-(Class V)- Ridge
22	Veerpratap Singh Boparai	Montessori Upper Elementary-(Class V)- Delta
23	Shubhra Prasher	Montessori Upper Elementary-(Class V)- Peninsula
24	Rishaan Gupta	Montessori Upper Elementary-(Class V)- Peninsula
25	Kabir Singh Brar	Montessori Upper Elementary-(Class V)- Cliff
26	Harbaan Singh	VI-B
27	Shaurya Pratap Sood	VI-B
28	Gurnoor Singh	VI-B
29	Manrab Singh Dhawan	VI-B
30	Vinavjot Singh	VI-C
31	Agrim Kalra	VI-C
32	Manya Bansal	VI-D
33	Aarya Abhishek Sharma	VII-A
34	Bhavya Khosla	VII-A
35	Parneet Kaur	VII-B
36	Kiyansh Bansal	VII-C
37	Aneekah Rajput	VII-C
38	Satvik Mohit Malhotra	VII-C
39	Jashan Kumar	VIII-A
40	Avyukt Nagar	VIII-A
41	Naitik Jaggi	VIII-A
42	Inayat Boparai	VIII-A
43	Anahat Kaur	VIII-A
44	Divyam Bansal	VIII-C
45	Mansimar Kaur	VIII-C
46	Navianshika	VIII-C
47	Vivaan Bhasin	VIII-C
48	Divyaansha Soni	VIII-C
49	Prisha Gupta	IX-A
50	Riddhima Bansal	IX-A
51	Phalgun Hansrao	IX-B
52	Prabhnoor Kaur	IX-B
53	Rachit Singla	IX-C

### PRINCIPAL'S OUTSTANDING PROGRESS TROPHY AND SCHOLARSHIP

The Principal's Outstanding Progress Trophy and Scholarship provides an incentive for students to strive for continuous improvement, motivating them to reach their full potential. It acts as a

catalyst for fostering a culture of excellence within the school, inspiring other students to emulate the achievements of the awardees and pursue their own academic growth.

Ekampreet Singh of Class VII B won this award by making an improvement of 22.70% from Term I to Term II.

### ACTIVITIES & PROGRAMMES : COUNSELLING DEPARTMENT 2022-2023

<u>Life Skills and Emotional Health</u>: Considering the fact that overall development includes emotional health as well as awareness of self and the surroundings in a way that enables one to cope with challenges at every step in life, with this in view customised educational programmes were pivotal in imparting values, appropriate attitudes and life skills to the Vivekites.

**Remedial Education for CWSNs** : Special education has its curative impacts on the learning process of Children with Special Needs. We try to bridge the gap and soothe the deficits by providing children with remedial sessions and counselling sessions to deal with their educational as well as socio-emotional needs. Observations, teacher interactions and awareness, parental guidance had been a few areas that our Guidance and Special Education Department has been instrumental in. These services aid in all round development of CWSNs.

**Referral services for diagnosis and CBSE concessions for CWSNs** : A step wise process is followed in referring the children for the further formal assessments after the observation sessions, in order to obtain the detailed reports that are accepted in CBSE for getting the children avail the concessions/accommodations. In the year 2022-23 there were 6 students who were referred and 3 CWSNs appeared for X board exam in the category of CWSNs and gave their exams with different concessions.

**LSEP and Individualized Counseling Sessions:** Life skill education program classes provide essential skills viz Empathy, Gratitude, making informed Choices and Coping with stress etc. These skills play pivotal role in holistic development of our students. We take one on one counseling sessions to engender hope and help, hence kindles right kind of management skills over emotional and behavioral problems.

<u>**Career Counselling</u></u>: To empower children in making right choices in selecting streams and careers, Career counseling sessions were provided to students of classes IX and X. These sessions were conducted by team of career counselors from "Wonderskool" by Saurabh Gupta. The sessions involved detail awareness for all the streams, careers and on how they can build their careers with the help of specific subject**. Also for class X personalized career profile testing was conducted. The results of the career profile test for each student was shared and discussed with the students and parents with suitable suggestive streams during one - on - one counseling.</u>

<u>Teacher Training Programme</u>: Ms. Preeti Rao (Special Educator) conducted two training sessions in the area of Identification and management of children with special needs in the general classrooms. Emphasis was on how early can the signs be spotted and addressed to bring out the best in the children.

## Jagriti- Section for children with special needs:

The Jagriti Special Education Section was established on August 1, 2022. There are six students with different special needs enrolled in the class, and each one had an equal opportunity to access the standard curriculum, developmental opportunities, and a learning process that would improve their quality of life. Inclusive education has been the heart of this initiative, which is found on the idea that respects each student's inherent dignity and autonomy, treasures their well-being, and recognises their individual needs and capacities in order to fully participate in society and constructive contribution. Here each child is associated with a general classroom and Educators try and include them in different co-curricular activities.

### PROFESSIONAL DEVELOPMENT OF THE STAFF

The school ensures that the faculty stays updated with the dynamic education scenario, by providing them with regular training sessions conducted by the CBSE.

Teachers have been regularly undergoing the CBSE coach programmes for thorough professional development subject wise, NEP and Life Skill programme.

There were two workshops conducted by Ms. Anu Singh on recognising one's value system to see what derives us and our team members. The other workshop was on team building and importance of team work and collaboration. This was done through the art form of Zentangle.

HDFC did two workshops one on Cyber Safety and the other on Investment options.

# AMI DIPLOMA

We are immensely proud to share that **Mrs Meenakshi Madaan**, **Head of Junior Wing**, Vivek High School, Mohali completed her 6-12 Diploma Course from Navadisha Montessori Foundation, Chennai which is under Association Montessori Internationale, Netherland this year.

In house Professional development workshops and sessions were conducted for the teachers.

- Cambridge workshop
- Montessori Training sessions (VHS, Chandigarh and VHS, Mohali)

Constantly striving for excellence....